

SAMMY D FOUNDATION
SINCE 2011, PARAFIELD
GARDENS HIGH SCHOOL HAS ENGAGED IN AND
DEVELOPED A CLOSE RELATIONSHIP
WITH THE SAMMY D FOUNDATION.
ALL YEAR 8 STUDENTS UNDERTAKE
AN IMPACT PRESENTATION AND TEAM BUILDING
ACTIVITIES WITH MENTORS ON YEAR 8 CAMP.
THROUGH THE TELLING OF SAM'S STORY, STUDENTS LEARN
ABOUT THE CONSEQUENCES
OF VIOLENCE. SAM'S FATHER NEIL
DELIVERS THE PRESENTATION AND THEN STUDENTS
UNDERTAKE WORKSHOPS WHICH EMPOWER
STUDENTS TO MAKE POSITIVE, SAFE CHOICES.



WHAT ARE YOUR TRUE COLOURS?
WILL YOU STAND UP TO BULLYING AND VIOLENCE?



Government of South Australia
Department for Education

DREAM IT CREW

INITIATED IN 2012, THE DREAM IT PROGRAM STANDS FOR

'DANCE REPRESENTING
EXPRESSION AWARENESS AND MENTORING
THROUGH INCLUSIVE TRANSITION'.

IT IS A JOINT INITIATIVE BETWEEN
PGHS AND THE SAMMY D FOUNDATION
TO PROMOTE ENGAGEMENT IN YOUNG PEOPLE.
THROUGH YOUR CHILD'S PARTICIPATION IN DREAM IT THEY GAIN:

NEW SKILLS IN CREATIVE DANCE
AND PERSONAL EXPRESSION THROUGH PHYSICAL MOVEMENT
OPPORTUNITIES TO 'EMPOWER' OTHERS
TO MAKE POSITIVE LIFE CHOICES
LEADERSHIP SKILLS

AND MENTORING CAPABILITIES AMONGST YOUNG PEOPLE FROM
VARIOUS CULTURAL BACKGROUNDS

PARAFIELD GARDENS HIGH SCHOOL

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Parafield Gardens
High School

BEATING THE BULLYING
POLICY AND PROCEDURES

THINK OF THE
IMPACT YOUR
ACTIONS, WORDS AND
BEHAVIOURS
MAY HAVE ON
OTHER PEOPLE

WHAT IS BULLYING?

ANYTHING THAT MAKES YOU FEEL EMBARRASSED OR AFRAID. IT IS REPEATED, UNWANTED AND UNREASONABLE

EXAMPLES INCLUDE:

*FIGHTING

*INSULTING

*NAME CALLING

*NASTY JOKES

*SHOWING OFFENSIVE MATERIAL

*TOUCHING PEOPLE WHERE THEY DO NOT WANT TO BE TOUCHED

*ASKING FOR SEXUAL FAVOURS

*LOOKING AT OR EMBARRASSING SOMEONE BY STARING

*EMBARRASSING SOMEONE BY COMMENTING ON THE WAY THEY LOOK, THEIR BEHAVIOUR, CULTURE OR SEXUALITY

*SPREADING RUMOURS

WHAT DO YOU DO?

Problem

Contact a Staff Member

Referral to a Counsellor

Informal Process

- Counselling
 - Conflict resolution
- Problem Resolved

Problem Continues

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Contact Year Level Coordinator (YLC)

Formal Student Behaviour Management Process

- Official Warning
 - Logical Consequences
 - Parent Contacted
 - Restorative meeting with students—YLC
- Problem Resolved

Problem Continues

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Referral to Senior Leader, Deputy Principal

Formal Student Behaviour Management Process

- Suspension + Parent Meeting
- Problem Resolved

Problem Continues

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Senior Leader, Deputy Principal

Formal Student Behaviour Management Process

- Further Suspensions and Exclusion

CYBERBULLYING - TIPS TO STAY SAFE

AT ITS MOST SERIOUS, CYBERBULLYING IS ILLEGAL AND CAN BE INVESTIGATED BY THE POLICE. IGNORE IT. DON'T RESPOND TO THE BULLY IF THEY DON'T GET A RESPONSE THEY MAY GET BORED AND GO AWAY. BLOCK THE PERSON. THIS WILL STOP YOU SEEING MESSAGES OR TEXTS FROM A PARTICULAR PERSON. TELL SOMEONE. TELL YOUR MUM OR DAD, OR ANOTHER ADULT YOU TRUST. OR YOU CAN CALL KIDS HELPLINE ON 1800 55 1800 KEEP OR WRITE DOWN EVENTS OR EVIDENCE. THIS CAN BE USEFUL IN TRACKING THE BULLY DOWN. SAVE TEXTS, EMAILS, ONLINE CONVERSATIONS OR VOICEMAILS AS PROOF. TAKE A SCREEN SHOT OF ANY BULLYING THAT HAPPENS ONLINE.

THE CARLY RYAN FOUNDATION

THE CARLY RYAN FOUNDATION IS A NON PROFIT CHARITY CREATED TO PROMOTE INTERNET SAFETY.

WWW.CARLYRYANFOUNDATION.COM

SAVE THE DATE !

PARENT SESSION

SONIA RYAN WILL BE PRESENTING NEXT YEAR AT OUR PARENT NIGHT
WEDNESDAY 13TH FEBRUARY

6:30-8:00PM